

LIVE UNITED



Harvest Race

**5K Run/Walk to benefit the Snack Sak program
Sunday, October 28th 9:00 am**

Race Location: John G. Lancaster Park, 21550 Willows Road, Lexington Park, MD 20653

Course Description: Mostly a flat course with some inclines

Awards: Top 2 (1 male and 1 female receive trophy). All racers who complete the course will receive medals.

Proceeds: Benefit the Snack Sak Program.

Entry Cost information: \$25 before October 24, \$30 after October 24th, **\$35 on Race Day**. Guaranteed T-shirts to all full [price](#) paid participants. If shirts run out, one will be mailed.

Other Information: No Rain Date.

Make Checks to: UWSM/Snack Sak. And mail to: PO Box 1614, Leonardtown, MD 20650

Contact: Susan Lloyd, 301-862-5577: sdlloyd.uwsm@gmail.com

Website: Race forms are also available online at www.unitedwaysmc.org

-----detach here -----

**2018 HARVEST RACE ENTRY FORM 10.28.2018 PLEASE PRINT
LEGIBLY**

Name _____ Gender ____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle One) SM M L XL NONE

Runner or Walker: _____

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ **Date** _____

Parent or Guardian if under 18 _____

All registration fees are non-refundable!